



The Unitarian

First Unitarian Church

801 East Washington Street • South Bend, Indiana 46617

Phone: (574) 234-6588 • E-mail: office@FirstUnitarian.us

Website: <http://FirstUnitarian.us> On Facebook: FirstUnitarianSB

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Calendar of Events

For additions, updates, and changes, see the weekly CHIRP email or the online calendar at www.firstunitarian.us. Also, see Facebook (FirstUnitarianSB). The Choir rehearses Tuesdays, 7-8 pm, unless otherwise announced.

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Activity, Event or Meeting</u>	<u>Location</u>
Sun	1	10:30 am	Service: Pencils and Carbon Paper. Rose Fournier	
Mon	2		Office Closed for Labor Day	
Tues	3	7:00 pm	Finance Committee Meeting	Room 103
Sat	7	7:00 pm	Rough & Tumble Concert	Sanctuary
Sun	8	10:30 am	Service: Water Is Life, Rev. Chip Roush	
			<i>Share-the-Plate</i> Offering: Crop Walker Pledges	
		11:45 am	Potluck	Foyer
		11:45 am	Calendar Planning Meeting	Conference Room
		11:45 am	Peace and Social Justice Committee Meeting	Room 103
		Noon	Religious Education Meeting	Room 102
Mon	9	9:30 am	Board Packet Submissions Due	
Tues	10	7:00 pm	Worship Arts Committee Meeting	Conference Room
Wed	11	7:00 pm	Board of Trustees Meeting	Conference Room
Sun	15	10:30 am	Service: Atheism in the 21st Century, Rev. Chip Roush	
		11:45 am	Activity Fair	
Mon	16	9:30 am	Newsletter Submissions Due	
		7:00 pm	Stewardship Committee Meeting	Conference Room
Sat	20	6:00 pm	Women's Potluck	Offsite
		7:00 pm	Family Movie Night	Conference Room
Sun	22	10:30 am	Service: World Peace, David Cortright	
		11:45 am	Art on the Wall Opening	Foyer
		Noon	Building Your Own Theology	Conference Room
		11:45 am	Grounds Committee Meeting	Room 103
Mon	23	1:00 pm	Committee on Ministry Meeting	Conference Room
Wed	25	6:30 pm	Feasters @ Red Lobster	Offsite
Sun	29	10:30 am	Service: Appy Polly Loggies, Rev. Chip Roush	
		Noon	Building Your Own Theology	Conference Room
		2:00 pm	Crop Walk	Meets at Zion UCC

Minister's Notes



Do you enjoy music? Would you like to share some of your favorite songs, and talk about how important they are to you? Let's get together! What are your favorite love songs? Which songs do you absolutely despise? What music do you play when you have to get some chores done? Are there songs which remind you of a particular person or place? Which songs make you feel younger (or older)? Let's discuss!

This is intended as a six-session small group experience, but the members may choose to continue, once they've been together a while. We'll meet once per month, through the fall and winter. If there is enough interest, we may form two groups.

Please contact me if you are interested, and we'll get the group(s) started!

With Spirit,
Chip

Minister's Office Hours: In addition to his availability for scheduled appointments, Rev. Chip commits to holding Office Hours regularly, to make it easy to just drop in without prior arrangements. These are also shown on the calendar on the church website, on the back of each Sunday's bulletin, and on Rev. Chip's door. He will be in the church from 1:00 to 3:00 pm (unless otherwise specified) on the following dates:

Week of September 2: Tue 5-7p; Wed 1-3; Sat 1-3

Week of September 9: Mon 11a-1p, Tue 1-3; Wed 1-3

Week of September 16: Mon 1-3, Tues 1-3, Wed 1-3

Week of September 23: Mon 1-3, Tues 11a-1p, Wed 1-3

Minister Out of the Office:

Rev. Chip will be away from Michiana twice in September. He'll take a short study leave on Friday, September 20 through Sunday, September 23. He will also be away at a Minister's Retreat on Monday, September 30th.

More from our Pastor...

Welcoming?

Our congregation earned its status as a "Welcoming Congregation" a long time ago. And, the challenges faced by our LGBTQ+ siblings and cousins have changed a bit, since we engaged the original "Welcoming" curriculum. Our UUA has created a follow-up curriculum, "The Five Practices of Welcome Renewal," to help us become better informed, and more deeply welcoming. Beginning in 2020, all congregations will need to engage with this new program, to maintain their "Welcoming" status. Please contact Rev. Chip if you would like to help lead this effort. Find more at <https://www.uua.org/lgbtq/welcoming/program/five-practices-welcome-renewal>

Religious Education News

Come watch a family movie with us on the third Friday of every month. We'll be in the conference room serving popcorn and drinks from 7 pm - 9 pm. All ages are welcome! Parents, if you can use a breather, you can drop off your child(ren) and we'll keep them safe and entertained. We'll have a place for you to leave your contact information in case we need to contact you before the end of the movie.



Sept. 1: Pencils and Carbon Paper
Rose Fournier

Sept. 8: Water Is Life
Rev. Chip Roush
Bring some water and the story of why it is important to you. We'll celebrate our annual water service as the beginning of our program year. Stay after for the potluck!

Sept. 15: Atheism in the 21st Century
Rev. Chip Roush
The first of a series of three sermons about contemporary atheism, its opportunities and its challenges (the others are 11/17/19 and 1/12/20). A Committee Fair will follow the service

Sept. 22: World Peace
David Cortright
David teaches peace studies and nonviolent social change at the University of Notre Dame and is the Director of Policy Studies at Notre Dame's Kroc Institute for International Peace Studies. In addition, David has conducted research for foreign ministries of Canada, Sweden, Switzerland, Japan, Germany, Denmark and the Netherlands and has consulted and advised agencies of the United Nations, the Carnegie Commission on Preventing Deadly Conflict, the International Peace Academy, and the John D. and Catherine T. MacArthur Foundation. This will be a lively discussion of issues of concern to all of us!

Sept. 29: Appy Polly Loggies
Rev. Chip Roush
Must we forgive? Must we apologize? If we do, how do we do it well?

Atheism Sermon Series.

Save the dates: Rev. Chip will present a three-sermon series on Contemporary Atheism. The dates are September 15, November 17, and January 12.

Worship News

Joys & Concerns Survey

Please tell us how you feel about the way we share Joys & Concerns every Sunday. There are paper copies available at the church, or fill out a survey online: <https://www.surveymonkey.com/r/88RGW88>

Activities and Events This Month

On Saturday, September 7, in our sanctuary, the Rough & Tumble are excited to take the Howl Back Tour to South Bend SoUUnds! Join us for a fun filled night of folk music as we celebrate the new album's release! \$10 Advance/\$12 at the door, \$5 under 18/Kids free (See Jim Ward or buy online)

Keep Calm & EAT!

Sunday, September 8, 11:45 am

Our **all-church potluck** returns this month, albeit not on the first Sunday, but due to Labor Day weekend, on the *second Sunday* after the service. If you missed sitting down to enjoy lunch with family and friends after the service during our summer hiatus, join us! Bring the bounty of the season from your own kitchen or your favorite store. Whatever you bring, all our welcome at our tables.

AND more food on September 8 includes...Mobile Ecology Solar Taco's & Art Creating (hosted by Diana Mendelsohn and women from the church Women's Spirituality Circle).

We will feature free taco's baked in the Solar Oven along with organic veggies fresh from the farm, mint tea, and lemonade. Inquire at: diana79mendelsohn@gmail.com.

Women's Potluck

All women are welcome at the home of Alice Bentley for the monthly Women's Potluck on Sept. 20 at 6:00. Please contact Kathy Platt for directions and to let her know you're coming, pkplatt@comcast.net or 234-1352.

Social Justice Spotlight: Hunger

In 2017, 40 million people struggled with hunger in the United States. Every September, the St. Joseph County CROP Walk helps raise awareness and money for the cause.

- ❖ **Learn:** We'll be putting up a display throughout the month with more information on food insecurity in America.
- ❖ **Do:** From children to seniors, we want to send as many people as possible to participate in the CROP walk on Sunday, September 29th. Talk to Dale Gibson any Sunday after service to get signed up as one of our church's walkers. OR reach Dale by phone (232-5141), or by email at www.dgibson459@sbcglobal.net. Let's show that the First Unitarian Church of South Bend cares about ending hunger! All funds collected go to help the needy with food, both globally and locally.
- ❖ **Give:** Give: This month's Share the Plate will be added to the pledges of our church's team of CROP walkers, with a goal to raise \$1,000 for local food pantries. Also, we collect items year-round for the Northeast Neighborhood Food Pantry.

More from the Peace and Social Justice Committee...

Stitching Party: Sunday, September 8th after the service

Join the Peace and Social Justice Committee as we use plarn (plastic bags recycled into yarn) to make reusable bags. We'd love those skilled at knitting or crocheting to lend us their talents, but we also need help sorting bags by color and cutting them into even strips.

Speaking of colors, Lois is on the lookout for red newspaper bags to finish one of her projects. We've put out a wire basket in the hall to accept donations for upcycling, but would like to stress again, **please do not deliberately use plastic bags at the grocery for our craft project.** Always try to reduce your use of plastic bags, but bring us those that do make it home so we can upcycle them.



The Crop Walk will be on Sunday afternoon, September 29, starting at 2:00 from the Zion UCC Church parking lot. We're hoping to get 100% of our congregation to contribute this year. You may do it in one of two ways:

- 1) go to www.crophungerwalk.org/southbendin, pick a team (First Unitarian), click on donate, and then fill in the required information. Just like that and you've made your generous contribution. OR
- 2) donate at church by check or cash to Dale Gibson or one of the other walkers. They will record your donation. If you have already donated online, tell them that and they'll make a note of it.

This is the fiftieth year for the Crop Hunger Walk. The first one was way back in 1969, and it was the first walk to raise money that had ever been tried. For all of these years it has helped to feed the hungry of the world, and in our local community. Please give generously.

Dale Gibson is also seeking walkers for this annual event, and is hoping that we have the kind of turnout that we've had in the past. If you can help out, please contact him at church, by phone (232-5141), or by email at www.dgibson459@sbcglobal.net.

Forty-first Annual Auction

We are the World

Saturday, October 19: 6 pm

This is our biggest fundraiser and social event. – Mark your calendars and donate now!

Our donation website is now open!

To make a donation online (preferred), use the link below.

www.communityauctionservices.com/register/1u-sb2019

Although we prefer online donations, you can also complete a paper form.

Pick one up at church, or find a pdf version on the Auction page of the church's website.

**** Donation Deadline: Sunday, October 6 ****

Without your donations our Auction will not be successful!

For your contribution you could:

- ❖ **Host (or co-host) an Event:** Past events included themed dinners, a Pizza party, Family Game Night, a canoe trip and a bike ride. We encourage events for families, as well as low-cost events. Most auction events have multiple hosts. (*Note: We require a date for all events. To avoid conflicts with a church event or an event already submitted, please check the Auction webpage for an Event Calendar.*)
- ❖ **Offer a Service:** Anything goes: meals delivered to the door, homemade pies or cheesecake, music lessons or yard work.
- ❖ **Donate a Tangible Item:** ND or Civic Theatre tickets, handmade items (including food items), and unique new or gently used items (pottery, paintings, etc.). *Please Note:* Most of these items will be included in our *Silent Auction*.
- ❖ **Solicit Business Donations:** We encourage everyone to ask your favorite local businesses to donate an item (or two). Donations might include event tickets, gift certificates, merchandise, and use passes. Before you ask for business donations, please check with Kathy Platt, who keeps an ongoing list of business solicitations, and obtain a Business donation Receipt (online pdf or in the church foyer) to pass on to the business for their tax documentation.

For More Donation Ideas: Review Previous Auction Catalogs (Sundays in the Foyer)

For complete information and links to the donation website and paper forms, simply go to the church's website (firstunitarian.us) and click on the Auction link. For questions or donation ideas, please contact our Auction Team at: auction@firstunitarian.us

Auction 2019

Donation FAQs

❖ What is our Annual Auction?

This is our largest fundraiser of the year. It's also our biggest social event of the year, complete with a theme (for which you can wear a costume, if the mood strikes you!), a delicious meal, a running comedy show, great music, and lots of enthusiastic Unitarian Universalists. The funds raised support the ongoing activities and programs of the church (operating budget). If you are new to First Unitarian, the Auction is also a great way to get to know others and discover common interests, as well as make purchases, such as a place at a fun event, a service (gardening, meal delivered to your home), or local business gift certificates, that benefit the church.

❖ How does our Auction Work?

People in the congregation think of events (themed parties, nature experiences, special meals, family ventures, etc.), services (yard work, babysitting, meals delivered, etc.), or tangible items (handmade items, event tickets, etc.) they can donate, or ask local businesses they frequent to donate items (such as gift certificates, tickets, passes, gift baskets, etc.). All donations for both the *Live* and *Silent* Auctions are listed in a catalog which, so you can plan your bidding in advance, we make available in print and online the Sunday before the Auction.

❖ I'm interested in donating something, how do I know what will sell?

If you are not sure what to donate, look through recent Auction catalogs (available on Sundays) or ask our Auction Chair for ideas on how to transform your obsession (waffles, hula-hoop, fondue, haiku, campfires) into a donation. *Most often*, events are co-hosted. You can ask our Auction Chair for suggestions of co-hosts.

❖ When I know what I want to donate, how and when do I submit it?

You can submit your donation online (preferred) or use a paper form. You will find a link to the Auction webpage on the church's homepage (firstunitarian.us). On the Auction webpage you will find detailed instructions for online submissions (via an auction software vendor) and links to paper Donation Forms in pdf.



Art on the Wall

The Art on the Wall Committee is excited to welcome the South Bend Watercolor Society for its next exhibit. This will be a first for us with a number of different artists displaying their work. The opening will be September 22. Plan to join us after the service to get a chance to see the exhibit and talk with the artists.

And, as usual we are always looking for local artists both within our congregation and from outside to exhibit.

Membership Committee



September is Pie Month!

Bring a **newcomer** to church on any Sunday in

September and you will receive a pie from one of our expert pie makers. It will be up to you to decide whether or not to share the pie with your friend!



Plans for our annual **Service Auction** are already underway.

The date has been set and you will all be encouraged soon to think about what items you can donate. While you are doing that, please consider asking a newer member to pair up with you for an event. Not such a large commitment that they might feel overwhelmed, but being part of a group hosting an event can make a newcomer feel welcome. Working together for a one time event is a way to get to know someone better and help them feel a part of the church community. See the ad on pages 5 & 6.

Care Committee

It is back to classes for many with the anticipation of our beautiful autumn weather for all. Autumn Equinox is on September 23.

September is **Fall Prevention Awareness Month!** Give your body some assistance in learning how to handle gravity and stay upright. Join us for **Tai Chi/Qigong** at 9:30 before the service every Sunday. Check out this site for hints.

<https://www.ncoa.org/healthy-aging/falls-prevention/falls-prevention-awareness-day/>

Birthdays this Month

Let us help celebrate these September birthdays with the GF cake Sunday, September 8, during the coffee time after the service:

- Lynn McDonald (5)
- Susan Van Fliet (8)
- Charlotte Munn-Wood (21)
- MaryAlice Lundergan (27)
- Ann Cope (28)
- Joseph Gress (30)

Among Us

- We would like to continue our condolences to Rev Chip and his family for the lost of his stepmother, Margaret "Mickey" Roush. Also, Becky's father, Arnold Marshall, is currently in the hospital after a fourth surgery this summer.
- Jessica Collett's radiation treatment in Los Angeles went well.
- We are grateful along with the deSomer family for Allen's successful foot surgery and healing.
- Marylyn Claney (mdclaney@gmail.com, or 3433 Portsmouth Ct., Mishawaka, IN., 46545) is down with a fractured hip, hoping not to have surgery.
- Barbara Boyd's fall with broken fingers has resulted in loving care from her sons.
- Lois Holm's broken big toe seems to be showing some healing signs.
- Pat Taplick is having a hip replacement later this month.
- Emily Wetherall is having hand surgery later this month, as well.

Continue to sign cards at church and send notes of encouragement to each.

Grounds Committee

Lawn Mowers Needed

We continue to need volunteers to mow our lawn with our environmentally-friendly, re-chargeable lawn mower. If you can help out, please contact Barb Carmichael or Susan Van Fleit.

Updates



Memorial Garden--The south side memorial garden continues to progress with the addition of boulders and plants artfully placed by Garry Roberson. Future additions will include signage, benches and an

accessible walkway.

North Yard-- Katie and Eli from the RE Committee joined us at our last meeting to discuss plans for a play yard on the northeast side of our building-- an integral part of the social space planned for that area.

Other Church News

"Building Your Own Theology," a series of 8 classes taught by Rev. Byrd Tetzlaff, will begin on Sunday, September 22 after the service in the conference room. In "Building Your Own Theology," we will explore our personal belief systems, how we came to them, and how to articulate them. If we all come to the same conclusions we are doing something wrong. Classes will be an hour to an hour and a half each. Please let Byrd or Gail deSommer know if you are interested in attending and if you will need childcare. Plan on bringing your own lunch. Contact information: uurevb@gmail.com or gaildesomer@yahoo.com.

UUA Highlights

Our UUA is currently in search for the next Moderator of the Association. The next Moderator will be elected in June 2020, with the election concluding at General Assembly in Providence, RI. This will be a special election to fill the remaining five years of a six-year term as Moderator, as no nomination was made for the previously scheduled election in 2019. The deadline to apply is October 1, 2019. Find more information here:

<https://www.uua.org/uuagovernance/officers/moderator/moderator-search>

Community Activities

United Religious Community

This is likely to be the biggest URC Annual Meeting in years, due to two topics: hosting a NAIN conference in 2020, and a presentation on End of Life issues by Sister Eileen. NAIN is the North American Interfaith Network (NAIN); South Bend/Michiana will host several hundred people next summer. The URC Annual Meeting will be Sunday afternoon, September 8th, at the Ansari Center on Notre Dame's campus, from 2:00 to 3:30 pm. All are welcome.

Pilgrimage Healing

As fall approaches we think of cooler weather, beautiful leaves, and, underlying all, change. Change is part of life. We can move through any change harmoniously when we center ourselves in a loving Presence which is always there. Pilgrimage Healing will provide an opportunity to relax and release and support you as you navigate gracefully.

Healing Partners include Maureen Briones, Linda Carter, and Linda Jacobs. For an appointment, or to learn more, contact Linda Jacobs at lsj621@sbcglobal.net or 574-360-7699. Pilgrimage Healing is offered on a love offering basis. Namaste!

North Central Indiana Moms Demand Action for Gun Sense Meeting

Saturday, Sept. 7, 10:30 a.m.-noon
Mishawaka Library - Bittersweet Branch,
602 N. Bittersweet Road, Mishawaka
RSVP at
<https://act.everytown.org/event/moms-demand-action-event/25565/signup/>



WALK FOR HOSPICE '19

Please join us for the 34th Annual Walk for Hospice on Sunday, September 8, 2019! Advance Registration by 5:00pm on September 5 is Required!

The 34th Annual Walk for is hosted by Center for Hospice Care and Hospice Foundation, and is again being held in conjunction with our Bike Michiana for Hospice event.

The walk will once again start at Center for Hospice Care's Mishawaka Campus, which is next to beautiful Central Park, and will take place along the scenic Mishawaka Riverwalk.

Remember, every dollar we raise helps improve the quality of living in our community!

Copy/paste this link to register...
<https://secure.qgiv.com/event/wfh2/>



Michiana VegFest Presents
"Healing Our World: A Deeper Look at Food"
A lecture and performance
by Will Tuttle, Ph.D.
Thursday, Sep. 12, 6:30 –

8:30 pm First Unitarian Church 801 E Washington St, South Bend, IN

Author of the best-seller *The World Peace Diet*, Dr. Will Tuttle delivers an inspiring talk about our culture's food system. Join us as we explore new connections and discover how we can build radiant health on all 5 levels, awaken awareness, and bring healing to our world, with Will's piano improvisations and his wife Madeleine's evocative art deepening the experience.

* FREE EVENT AND REFRESHMENTS *
Please RSVP on EventBrite.com or call
269-205-465



Humanist Forum September Events

Hungry Humanists Meet for Dinner @ Doc Pierce's Thursday, September 5 @ 6:30pm; 120 N. Main Street Mishawaka. Ask for Rita's table.
<https://www.docpiercesrestaurant.com/food-menu.html>.

Fundamentalist Pastor in Scandinavia on Thursday, September 19 @ 6:30pm; River Park Branch Library, 2022 E. Mishawaka Avenue South Bend

A Finnish TV station invites a conservative pastor from Douglasville, Georgia, USA to visit the secular Nordic countries. What role does religion have in the Nordic society? How do the Nordic people relate to God, faith and spirituality, and how does it differ from the US? We'll have a mini Scandanavian cold smorgasbord while we watch the video. Feel free to bring a suitable snack, but nothing red (library rule), or just come and enjoy!

Oktoberfest Early Dinner @ Goshen Brewing Co. on Saturday September 28 @ 5:00 pm; 315 West Washington Goshen, 46526. Ask for Rita's table.

This is the last official day of Oktoberfest (why is Oktoberfest held in September?), and we'll celebrate with an early dinner while we try some of their excellent brews. We'll be out on the patio if the weather is nice.
<https://goshenbrewing.com/the-food/>.

For more information or to RSVP for the events above, contact Rita Prangle (Rita.Prangle@gmail.com or 574-855-4928). RSVP online at <https://www.meetup.com/Humanist-Forum/>.

Nancy Coiro will be offering a class on the **Work that Reconnects** (WTR) at the Main Library in September. The WTR was developed by Buddhist scholar Joanna Macy. It embraces interconnection as a core principle and seeks to empower those that currently feel overwhelmed and helpless about the current issues facing us all, such as climate collapse, inequality, etc.

The class will be on four consecutive Tuesday evenings from 6-8 pm at the downtown library starting September 3rd. Sign up here for the class. Thank you!
<https://sjcpl.libnet.info/event/3087804>

Committee Chairs

Adult RE	Gail deSomer
Aesthetics	Melanie Smith-Guillaume
Art	Kay Azar
Building	TBT
Board of Trustees	Ron Robinson
Building Use	Gary Metzler
Care	Mary Hagen Lois Holm
Children & Youth RE	<i>Vacant</i>
Com. on Ministry	Kathie Carr
Endowment	Joseph Gress
Events	Kathy Platt
Finance	Elena Wake
Grounds	Barb Carmichael & Susan VanFleit
Marketing	<i>Vacant</i>
Membership	Gail deSomer Anne Mannix
Nominating	Chuck Leone
Peace & Justice	Andrea Vollrath Kay Azar
Social	Kathy Platt
Stewardship	Suzanne Waller
Worship Arts	Florence Klečka

Board of Trustees 2019-2020

Officers:

Ron Robinson, *President*
Suzanne Waller, *Vice President*
Elena Wake, *Treasurer*
Melanie Smith-Guillaume, *Secretary*

Trustees:

Janet Bogar
Anne Mannix
Howard Berberick
Bert Dodds

Social Hour & Potluck Hosts

Please consider signing up to host Social Hour after the Service. Easy directions to make the coffee are posted in the kitchen. If this is your first time, someone will help with setup and cleanup. Bringing snacks is not required. A sign-up sheet is on the refrigerator and it is GREATLY appreciated

CHURCH STAFF

Minister: Rev. Chip Roush

minister@firstunitarian.us

Cell: 231-709-0032

Office Hours (see Minister's Notes)

Coordinator of

Religious Education: Rich Wallace

cre@firstunitarian.us

574-406-3333

Office Hours: Mon: 9:30-11:30 am,

Tue: 11 am-1 pm, Wed: 4-6 pm

Office Manager: Peg Faulmann

office@firstunitarian.us

Office: 574.234.6588

Office Hours: Mon-Fri: 9 am – noon

Bookkeeper: Finda Kamanda

treasurer@firstunitarian.us

Please send finance questions to this email.

Our Sunday Team

Youth RE Teachers

Please contact Rich Wallace if you are interested in helping with our youth.

Nursery Care: Diana Mendelsohn

Pianist: Dylan Bajo

Choir Coordinator: Carys Kresny



Mailing Lists: If you are interested in being added to our weekly

CHIRP email or our monthly newsletter, *The Unitarian*, please contact the church office (office@firstunitarian.us).

Deadlines: Please send information to be included in the following, using the deadlines below.

- **CHIRP:** Tuesdays at 9:30 am
- **Order of Service:** Thursdays at 9:30 am
- **Newsletter:** Third Monday
(For October 2019: September 16)