



# The Unitarian

First Unitarian Church

801 East Washington Street • South Bend, Indiana 46617

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Website: <http://FirstUnitarian.us> On Facebook: [FirstUnitarianSB](https://www.facebook.com/FirstUnitarianSB)

Volume 65

June 2018

Number 12

## Calendar of Events

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Activity, Event or Meeting</u>	<u>Location</u>
		9:30 am	Tai Chi*	Courtyard
<b>Sun</b>	<b>3</b>	<b>10:30 am</b>	<b>Service: Inertia-- Confessions of a Spoiled Southern Girl, led by Becky Roush</b>	
		<b>11:45 am</b>	<b>All-Church Potluck</b>	
		11:45 am	Auction Planning Meeting	Room 103
		12:30 pm	Peace and Justice Committee Meeting	Conference Room
Mon	4	7:00 pm	Care Committee Meeting	Conference Room
Tues	5	7:00 pm	Finance Committee Meeting	Room 103
Wed	6	7:00 pm	Marketing Committee Meeting	Room 108
<b>Sun</b>	<b>10</b>	9:30 am	Tai Chi*	Courtyard
		<b>10:30 am</b>	<b>Service: Journeys, led by Melanie Smith-Guillaume</b> <b>Share the Plate Collection: Unity Gardens</b>	
		11:45 am	Grounds Committee Meeting	Conference Room
Mon	11	1:00 pm	Committee on Ministry Meeting	Conference Room
Tues	12	7:00 pm	Worship Arts Committee Meeting	Conference Room
Wed	13	6:30 pm	Board of Trustees Meeting	Conference Room
<b>Sun</b>	<b>17</b>	<b>10:30 am</b>	<b>Service: Fathers-- A Celebration, led by Rev. Byrd Tetzlaff</b>	
Mon	18		<i>July Newsletter Submission Deadline</i>	
		6:00 pm	Women's Spirituality Circle & Red Tent Gathering	
Tues	19	7:00 pm	Stewardship Committee Meeting	Conference Room
<b>Sun</b>	<b>24</b>	<b>10:30 am</b>	<b>Service: How to Use the Neuroscience of Anxiety, led by Catherine Pittman</b>	
Wed	27	6:30 pm	Feasters: Rocky River Tap and Table, Granger	Offsite

*For additions, updates, or location changes, read the weekly CHIRP email, or check the online calendar at our website ([www.firstunitarian.us](http://www.firstunitarian.us)). Also, we are on Facebook ([FirstUnitarianSB](https://www.facebook.com/FirstUnitarianSB)).*

**Tai Chi**, sometimes called Moving Meditation or Medication in Motion, will be offered on two Sunday mornings in June (3<sup>rd</sup> & 10<sup>th</sup>). No experience is needed. We will meet from 9:30 – 10 am outside in the north courtyard, or inside if it is raining. For further information, contact Mary Hagen (574-220-2467).

*Choir Note: The Choir is taking a summer break!*

## Minister's Notes

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Rev. Roush is on sabbatical, so there is no column from him.

He'll return on August 1, 2018.



For Pastoral Concerns, please contact one of the following Care Committee members.

Mary Hagen: 574-220-2467 or [maryhagen@sbcglobal.net](mailto:maryhagen@sbcglobal.net)

Gail deSomer: 574-850-8156

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## Sunday Services

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### **June 3: Inertia-- Confessions of a Spoiled Southern Girl, led by Becky Roush**

How do we decide where to put our energy? Work in the yard? Clean the house? Save the world? An exploration of why we do and, more importantly, don't do the things we "want" to do. How does inertia affect our choices, our lives and our community?

### **June 10: Journeys, led by Melanie Smith-Guillaume**

When we think of journeys we've taken, we may recall itineraries or a mental slide show of places we've visited. Instead, I would like to consider these questions. What can journeys — inward and outward — teach us? And how can we use them to deepen our spiritual life?

#### *Share the Plate* Collection: **Unity Gardens**

In the summer of 2008, Unity Gardens was started by Sara Stewart with just one garden with the idea of feeding hungry people, and providing a place for diverse people to gather. Since then Unity Gardens has grown to include over 55 gardens of all shapes and sizes. They offer free food to the community, gardening, cooking and preserving classes to show how to cook healthy, and save your harvest. The organization has captured widespread support as an effective grass roots strategy to improve life for the entire community.

### **June 17: Fathers -- A Celebration, led by Rev. Byrd Tetzlaff**

We will be celebrating some of the Good Men in our lives who have taken on the mentoring role.

### **June 24: How to Use the Neuroscience of Anxiety, led by Catherine Pittman**

Clinical psychologist Catherine Pittman will explain what we know about anxiety in the brain, and how this knowledge can be useful in a practical way. Two pathways in the brain can initiate anxiety, and we need to understand both pathways to manage our anxiety effectively.

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**Congratulations and Many Thanks to our Volunteers of the Year:  
Alan Hamlet & Kathy Platt!**

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## Activities and Events This Month

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### All-Church Potluck

**Sunday, June 3, 11:45 am**

Although we will set up inside, we still consider this our "Picnic Potluck." So, bring your favorite picnic fare, from home or the store, and join us. (And, if you would like to make a real picnic of it and eat outside, just bring your own blanket or chairs.) *Please Note: Our Sunday potluck will take a two-month hiatus, returning in September.*

### Auction Planning Meeting

**Sunday June 3, 11:45 am**

Many people are needed to make our biggest fund-raiser a success! There will be an Auction planning meeting during the Potluck on June 3. Many new ideas are being considered, and we are interested in yours! Please join us. Our 40th annual Service Auction will be Saturday, November 3.

### Women's Spirituality Circle & Red Tent Gathering: June 18, 6:00pm:

Women and their friends are welcome to join us for a special evening of enjoying friendship with others who are kindred spirits. The theme of the evening is: "Sowing Seeds of Gratitude." Potluck appetizers will start at 6:00 pm on-site, bring a dish to pass.

The focus will be sharing what we are grateful for. Join in for a sacred planting of zinnia and other colorful blooms around the entrance mini garden, after dinner. There will be a sharing blanket, bring an item to give-away. Take home a blooming flower of your choice to plant in your home garden. For more information contact Diana Mendelsohn ([diana79mendelsohn@gmail.com](mailto:diana79mendelsohn@gmail.com) or call 574.277-7456).

### Feasters: Wed., June 27, 6:30 pm

All are invited to join the Feasters group (folks who like to eat well) for an evening of food and conversation at Rocky River Tap and Table (1032 E University Dr, Granger, IN 46530). To reserve a seat at the table contact Cathy Duncan, (272-2931 or [kateduncan@aol.com](mailto:kateduncan@aol.com)) by Monday the 25<sup>th</sup>.

## Upcoming Events

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*Mark your calendars now for these events.*

### Ice Cream Social: Sunday, July 22

Join us for a special Social Hour that will include an old-fashioned *Ice Cream Social*.

### Concert: Sunday, July 29, 7:00 pm

We are thrilled to have **Timbre** performing for us. Nashville based harpist/songwriter Timbre has been enchanting audiences across the world with her unique harp-based folk rock. She has performed to packed audiences here in SB over the last several years. **Chris DuPont**, an amazing singer/songwriter will open the concert. Chris mesmerized audiences recently at both the Acorn Theater & Ignition Garage. Tickets will be available the first week in June.

### Summer Family Potluck Picnic Sunday, August 5, 5:00 pm

Mark your calendars now and plan to join us for some summer fun and of good food!

## Committee News

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### Care Committee

#### June Birthdays!

Alice Bentley [1], Gary Metzler [2]  
Bill Skidmore [2], Barbara Boyd [3]  
Lydia Coppedge [6], Shannon Richard [7]  
Jacob Carew [8], Ellen Triebold [15]  
Deb Carew [15], Don Wheeler [15]  
Gregg Young [18], Tom Platt [20]  
Ann Ullman [21], Marilyn Shaul [24]  
Richard Mah [24], Bette Asplund [24]  
Gary Roberson [28], Rich Wallace [29]

We will celebrate the many June birthdays with GF birthday cake during Social Hour after the service on June 10

*Want to be included in this list? There is a monthly birthday calendar on the bulletin board in the south hallway. Just add your name when your month comes around.*

Remember, if you have visiting family this summer the CC Loan Closet has durable medical equipment as well as baby items.

#### **Among Us:**

Be gentle with those around you since you never know what they may be dealing with. *Some things we do know:*

- Susan Siemers is on chemo and enduring some of the side effects.
- David Williams and Richard Hunsberger were in a 5 car accident and happy that their injuries weren't worse.
- Michelle Minnisan is finally getting out and about after a month of illness and four days in the hospital.
- Darlene Catello had a hip replacement and Dale has more kitchen duties!
- Elly Wynia's father had surgery in April to remove a tumor which was a glioblastoma. He is now at home, in Ontario, receiving Palliative care.

Please contact any member of the Care Committee if you have a concern or need for yourself or another. Our members are: Barbara Boyd, Jim Curlee, Gail deSomer, Dale Gibson, Wendy Lohman and co-chairs Mary Hagen and Lois Holm.

#### *Thanks to:*

- Chuck Leone for providing the cake for our *Second Sunday Birthday Party* so we can celebrate our June birthdays, even in the absence of our regular cake-baker extraordinaire Lois Holm.
- Gail and Alan deSomer for replacing a mailbox for Ruth Reagan.

#### **Grounds Committee**

Many thanks to the 27 volunteers who came out on May 5 to plant our rain gardens! And, to our rain garden subcommittee for their painstaking work in addressing our storm water runoff problems. And a special thank you to Garry Roberson for his tireless support.

Committee members will meet at 11:45 on Sunday, June 10 in the Conference Room for an update from the rain garden subcommittee. At noon we will share ideas for

adding a memorial garden to our grounds. ***All interested church members and friends are invited to participate.***

## **Other Church News**

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### **Annual Meeting Summary**

During the Annual Meeting, the Strategic Plan was approved as a "roadmap and vision" for the congregation for the next five years. Members also charged the Board to implement the plan and report periodically to the congregation about progress.

The *Officers* elected were: Ron Robinson, Vice-President and Melanie Smith-Guillaume, Secretary; both two-year terms. *Trustees* elected were: Anne Mannix, two years; Rich Wallace, two years; and Janet Bogar, one year. Others elected were: *Endowment Committee* - Allen deSomer, three years; *Nominating Committee* - Susan Siemers, one year; Lois Holm, finishing a two-year term; Wendy Lohman, two years; and Mary Alice Lundergan, Alternate.

The Congregation approved an Annual Operating Budget for the next fiscal year, beginning on July 1, 2018, with a slight increase in projected income (\$178,100) and a slight decrease in projected expenses (\$189,771) from the current fiscal year. There is still a projected annual deficit, but a portion of that deficit will be covered by a transfer from the Endowment fund of \$5,000 to apply to the principal portion of the Church's mortgage payment during the year. The Church has adequate reserves to cover the remaining deficit.

The Stewardship Committee reported raising additional contributions in excess of \$75,000 for a one-time reduction in the principal balance of the mortgage, resulting in an annual decrease of about \$10,000 per year in mortgage payments for the remaining 9 1/2 years of the mortgage (until January, 2028).

Lastly, five disbursements from the Endowment Fund were approved as proposed, including: Mortgage Principal Pay-down; Sanctuary Technology Upgrade; Defibrillator (with training); Grounds Committee; and Mobile Ecology Center.

## Around the UUA

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### **UUA General Assembly (GA) 2018 June 20 to June 24, 2018**

Although Rev. Chip may be the only one from our congregation attending GA this year in Kansas City, you can watch many of the events from home, in real time or after the event. Most of the large-group events will be live-streamed and then posted for later viewing. In addition to the Opening and Closing Ceremonies, the daily worship services and the General Sessions (the work of the assembly) will be live-streamed. First time viewers may be most interested in three GA favorites: the sacred *Service of the Living Tradition* (Thurs. pm); the much anticipated *Ware Lecture* (Sat. pm), featuring activist & educator Brittany Packnett; and lastly, the usually rousing Sunday morning worship service. If you'd like to take advantage of this opportunity to hear many gifted UU speakers (both ministers & lay leaders), you will find a day and time listing of all live-streamed events, as well as access to them at: [www.uua.org/ga/off-site/2018](http://www.uua.org/ga/off-site/2018).

**Pledge Statements:** The end of our fiscal year (June 30) is rapidly approaching. Our bookkeeper will email Pledge Statements listing contributions through May 31. If you have a balance, please try to fulfill your pledge by the end of the year. Thanks!

**Summer Building Use:** During the summer, committees often take a break. If you are doing so, please let the Office know so we don't cool a room which no one uses.

**You're Invited: Willow Crisovan's Graduation Party/Gallery Walk:** You are invited to attend Willow Crisovan's graduation party/gallery walk on Sunday, June 17<sup>th</sup> from 2-7 pm at the church. Her art works will be on display, hors d'oeuvres will be served, and live music will serenade guests. Graduation gifts are not necessary, but if you are considering bringing a gift, Willow invites you to instead consider purchasing an artwork.

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## Volunteer Opportunities

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### **Coffee or Lemonade?**

Most continue to want coffee and hot tea during Social Hour throughout the summer. We may add lemonade and iced tea, especially on hot days. However, if no one signs up to help, there may be nothing. The Social Committee takes over in that case, but may be traveling at times. A sign-up sheet and instructions are in the kitchen and someone will help if it's your first time, *including a dish washer*. Thank you!

### **Lawn Mowers Needed**

Our grounds are rapidly shaping up to be beautiful, inviting, and environmentally responsible. We now need volunteers to mow the lawn in order to keep it that way. If you can help out this summer, please contact Barb Carmichael or Susan Van Fleit (Grounds co-chairs). We will provide the mower!



### **Annual Summer UU WomanSpirit Gathering: August 3-5, 2018**

Please save the date for the Annual Summer WomanSpirit Gathering sponsored by the Women and Religion Committee of the former Central Midwest District of the Unitarian Universalist Association. Diana Mendelsohn is serving on the planning committee and will be coordinating local carpools to the Camp Ronora, Watervliet, MI location. For more details, contact Diana.

### **Chalice Sparx Family Camp & Retreat July 12-15, 2018 in Sturgis, Michigan**

This UU camp and retreat is not just for kids – it's for all ages. The camp has programs for children drawing upon the natural environment, youth and adult workshops on spiritual practices, multigenerational worship, and group activities. We offer a range of accommodations from dormitory style to hotel-like rooms. Tent and RV camping is also available. For more info, or to register go to [www.chalicesparx.org](http://www.chalicesparx.org).

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## In the Community

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**Pilgrimage Healing:** We live in a bountiful universe. Blessings are everywhere - in the world of nature, especially this time of year, in our relationships at home and work, and in our private lives. When we pay attention, when we stop, and when we really look, we can see blessings appear as perfect solutions, unexpected good, feelings of health and wholeness, and perhaps an awareness of a Presence that just fills us. Pilgrimage Healing is a time to open to the endless flow of good. Come share such an experience or give it as a gift to someone you love. For more information, contact Linda Jacobs at 574-360-7699 or by email [lsj621@sbcglobal.net](mailto:lsj621@sbcglobal.net). Gift certificates are available. Healing partners include Maureen Briones, Linda Carter and Linda Jacobs.

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## Church Communication

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### Mailing Lists

If you are interested in being added to our weekly CHIRP (news via email) or our monthly newsletter (*The Unitarian*, sent via email or U.S. mail) list, please contact the church office ([office@firstunitarian.us](mailto:office@firstunitarian.us)).

### Deadlines

Please send information to be included in the following, using the deadlines below.

- **CHIRP:** Tuesdays at 9:30 am
- **Order of Service:** Thursdays at 9:30 am
- **Newsletter:** Third Monday

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## Our Church Staff

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**Minister:** Rev. Chip Roush

[minister@firstunitarian.us](mailto:minister@firstunitarian.us)

Cell: 231-709-0032

*On Sabbatical until August 1, 2018*

**Director of Youth RE:** Dan Holm

[dholm@iusb.edu](mailto:dholm@iusb.edu) | Cell: 574 8558105

**Office Manager:** Meadow Smith

[office@firstunitarian.us](mailto:office@firstunitarian.us) | 574-234-6588

**Church Office Hours:** M-F 9 am – 12 noon

**Bookkeeper:** Finda Kamanda

[treasurer@firstunitarian.us](mailto:treasurer@firstunitarian.us)

*Please send finance questions to this email.*

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## Our Sunday Team

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### Youth RE Teachers

*K to 2<sup>nd</sup> Grades:* Heather Hulse &  
Wendy Lohman

*3<sup>rd</sup> to 5<sup>th</sup> Grades:* John Bentley

*6<sup>th</sup> to 10<sup>th</sup> Grades:* Susan VanFleit &  
Byrd Tetzlaff

**Nursery Care Provider:** Diana Mendelsohn

**Pianist:** Ian Bunker

**Choir Coordinator:** Alan Hamlet

*If you would like choir information, please contact Alan at: [hamlet.1@nd.edu](mailto:hamlet.1@nd.edu)*

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## 2017-2018 Board of Trustees

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### Officers:

Susan Siemers, *President*

Chuck Leone, *Vice President*

Elena Wake, *Treasurer*

Melanie Smith-Guillaume, *Secretary*

### Trustees:

Janet Bogar

Wendy Lohman

Florence Klecka

Eli Williams

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## Committee Chairs

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Adult RE

Gail deSomer

Aesthetics

Melanie Smith-Guillaume

Building

Roger Birdsell &  
Jean DeWinter

Care

Mary Hagen & Lois Holm

Com. on Ministry

Jessica Collett

Building Use

Gary Metzler

Endowment

Joseph Gress

Events

Kathy Platt

Finance

Chuck Leone

Grounds

Barb Carmichael &  
Susan VanFleit

Marketing

Becky Lindstrom

Membership

Gail deSomer

Peace & Justice

Kay Azar & Anne Mannix

Social

Kathy Platt

Stewardship

Chuck Leone

Worship Arts

Florence Klečka

Youth RE

Dan Holm